



The Northern Star

Official Newspaper of the 2019 Labrador Winter Games

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Hometown win! HV-GB wins Labrador Cup!

**By Bonnie Learning
The Northern Star**

The E.J. Broomfield Memorial arena erupted into cheers when Team Happy Valley-Goose Bay was named the top team and presented with the Labrador Cup of the 2019 Labrador Winter Games!

Lab City was in second place followed by Cartwright in third.

"It feels really good (to win)!" said Judy Morris of Team HVGB on the win.



Team HV-GB won the coveted Labrador Cup at last night's closing ceremonies. It's been several Games since the host community has won the Cup. (Photos by Bonnie Learning)

"We haven't won for a long time!" added Ann Morris. "I can't even remember it was that long ago!"

The award for top male & female athlete for each district were also presented and included the top male and female athlete for each district:

Lake Melville – Male - Cyril Brennan (HVGB); Female - Jessica Dahn (HVGB)

Torngat Mountains – Male - Trent Pottle (Makkovik); Female - Andrea Andersen (Makkovik)

Lab West – Male - Alf Parsons (Lab City); Female (tied) - Rhonda Lawrence (Wabush) and Amanda Daniels (Labrador City)

See "Witnessed" on next page

‘Witnessed history in the making’

Con’t from front page

Cartwright - L'anse au Clair – Male – (Tied) Neko Brown Dyson & Micheal Scott (Cartwright); Female – Nikki Brown Dyson (Cartwright)

Top overall Games athlete – Male – Trent Pottle; Female - Jessica Dahn

Most Spirited Athlete - Claire Sainsbury (Cartwright)

Most Spirited Team - Rigolet

Most Improved Team – Port Hope Simpson
Award for Best Traditional Dog Team - Bill Russell

Premiers Cup for Best Dressed Team - Sheshatshiu

“At the Labrathon today, I witnessed history in the making,” said special guest NL Lt.-Gov. Judy Foote.

“As the first female Lt.-Gov., I was there to see the first female Labrathon. Thank for the respect that you show each other, the love, the caring, the concern that we witnessed today. You were absolutely amazing.”

MHA for Cartwright-L'anse Au Clair, and Minister Responsible for Sport & Recreation, Lisa Dempster, said the Games are very important to her and Labrador.

“We will make sure that we will continue to support these Games!” she exclaimed to a cheering crowd.

“There’s a fire that resonates, a fire that touches your spirit, there’s a feeling that you get that money cannot buy and then you know you are home.”

Torngat MHA Randy Edmunds, who is also the Parliamentary Secretary to the Premier, closed off with a few words.

“I thank you for such a great week of competition. To see communities come together to participate in special events that celebrate our traditional lifestyle, culture, community pride and fellowship...I love Labrador!”



Above: Labrador West MHA presented Rhonda Lawrence (left) and Amanda Daniels with the award for top female athlete for Lab West (it was a tie!)

Right: Aubrey Russell presented Bill Russell with the award for Best Traditional Dog Team.



Team Rigolet was presented the Most Spirited Team Award by Peter Mullins, in memory of his father, Joe Mullins, whom the award is named after.

Labrathon finals!

Cartwright, Rigolet claim gold!

By Janice Goudie
The Northern Star

It was an historic day on Terrington Basin yesterday when six athletes competed in the first-ever female Labrathon event.

Despite the wintery weather, Nikki Brown Dyson of Cartwright emerged victorious with the gold medal with a time of 23:09:12 (unofficial), followed by Lab City's Robin Porter (23:09:12), with Sherri Rich of Rigolet claiming bronze (28:36:94). In fourth spot was Joyce Clark of Port Hope Simpson (35:20:28); in fifth was Sheryl Martin of Pinsent's Arm (40:06); and in sixth was Judy Morris of HVGB (42:59).

Nikki was the first out of the start line and showed no sign of slowing down as she rounded each of the challenges ahead of her. Close behind were Sherri and Judy.

Robin picked up speed as the third participant to light her fire, boil water and doubt the flames before heading into target shooting. But by the time she had hit all five targets, Nikki was already well ahead of the pack at the trap setting.

Things heated up at the chiseling event where it wasn't clear who would finish first between Nikki and Robin, who were close to completing their holes at the same time. But it was Nikki who first got the pass by the judges and quickly made a run to the finish line to be the first woman to complete the female Labrathon.

Nikki said it felt good to hold the newly established record for this first time event.

Men's event

Prior the women's final, the men took to the start line for their Labrathon final.



Nikki Brown-Dyson of Cartwright blows hard on her fire in an effort to boil her kettle faster during the first-ever female Labrathon. (Photo by Janice Goudie)

Labrador City's Robin Porter struggles a little with her weapon during the target shooting. (Photo by Janice Goudie)



See "Rich" on next page

Rich claims gold again in Labrathon!

Con't from previous page

All the athletes at the men's Labrathon finals on Saturday were working hard for the gold. But it was Guido Rich of Rigolet who snowshoed his way to the gold medal for the second Games in a row!

Taking silver was Jon Davis of Labrador City (18:44:53); and Neko Brown Dyson of Cartwright took the bronze (19:03:83). Jamie Cutler of L'anse au Clair placed fourth (23:08:37); Pat Hibbs of North West River came fifth (23:30:59); and Charley Cull of Port Hope Simpson did not finish.

Right from Tilt One, the event proved to be a difficult one with Forteau's Jamie Cutler of L'Anse au Clair joking with spectators for some dry leaves or anything that would help his fire catch faster. For Port Hope Simpson's Charley Cull, this portion of the race was as far as he would get. He used up all his supply of matches which disqualified him from the event. Teammates however shared with him some flame which allowed him to cross the finish line, even if it meant no times were taken.

First out of the fire station was Guido Rich followed very closely behind by Jonathon Davis of Labrador City and Neko Brown-Dyson of Cartwright. But it was Rich who would push through the pain at the ice chisel station and be the to be first cleared by judges to proceed to the finish line. Cutler was the fourth to cross the finish line and was congratulated by Lieutenant governor Judy Foote who commented that it was nice to hear him cheering on his fellow competitors.

"Someone's got to win and someone's got to lose," he told her. "You just got to push through."



Guido Rich at the trap setting station.

(Photo by Janice Goudie)



Labrathon Female

| Placement | Community | Participant | Event Points | Bonus Points | Community Points |
|-----------|------------------------|-------------------|--------------|--------------|------------------|
| 1 | Cartwright | Nikki Brown-Dyson | 20 | 10 | 30 |
| 2 | Labrador City | Robin Porter | 19 | 6 | 25 |
| 3 | Rigolet | Sherri Rich | 18 | 3 | 21 |
| 4 | Port Hope Simpson | Joyce Clark | 17 | | 17 |
| 5 | Pinsent's Arm | Sheryl Martin | 16 | | 16 |
| 6 | Happy Valley-Goose Bay | Judy Morris | 15 | | 15 |
| 7 | Hopedale | Danielle Pottle | 14 | | 14 |
| 8 | Wabush | Frances Bell | 13 | | 13 |
| 9 | Makkovik | Charlene Ford | 12 | | 12 |
| 10 | Forteau | Vicki Hancock | 11 | | 11 |
| 11 | Charlottetown | Paula Campbell | 10 | | 10 |
| 12 | Natuashish | Susie Nui | 9 | | 9 |
| 13 | Postville | Glenda Sheppard | 8 | | 8 |
| 14 | Mud Lake | Ashley Best | 0 | | 7 |
| 15 | Nain | Kim Oliver | 0 | | 6 |
| 16 | Sheshatshiu | | 0 | | 0 |
| 17 | North West River | | 0 | | 0 |



Labrathon Male

| Placement | Community | Participant | Event Points | Bonus Points | Community Points |
|-----------|------------------------|------------------|--------------|--------------|------------------|
| 1 | Rigolet | Guido Rich | 20 | 10 | 30 |
| 2 | Labrador City | Jonathan Davis | 19 | 6 | 25 |
| 3 | Cartwright | Neko Brown-Dyson | 18 | 3 | 21 |
| 4 | L'Anse au Clair | Jamie Cutler | 17 | | 17 |
| 5 | North West River | Pat Hibbs | 16 | | 16 |
| 6 | Port Hope Simpson | Charley Curl | 15 | | 15 |
| 7 | Pinsent's Arm | Richard Williams | 14 | | 14 |
| 8 | Hopedale | Brandon Lane | 13 | | 13 |
| 9 | Forteau | Robert Hancock | 12 | | 12 |
| 10 | Happy Valley-Goose Bay | Corey Elson | 11 | | 11 |
| 11 | Charlottetown | Sandy Powell | 10 | | 10 |
| 12 | Wabush | Jim Kingman | 9 | | 9 |
| 13 | Makkovik | Tyler Andersen | 8 | | 8 |
| 14 | Nain | Tyler Harris | 7 | | 7 |
| 15 | Postville | Jerry Goudie | 6 | | 6 |
| 16 | Sheshatshiu | | 0 | | 0 |
| 17 | Natuashish | | 0 | | 0 |

See Labrathon Community Points standings & full results on last page!!

Northern Duathlon

Lewis, Dahn, ski & snowshoe to gold!

**By Janice Goudie
The Northern Star**

It was no surprise who came in as the top three athletes at the men's Northern Duathlon on Saturday afternoon, but the order in which they came was something all spectators were watching for.

Alf Parsons of Labrador City held the record for this event for many years, and conceded the gold medal to Happy Valley-Goose Bay's Cyril Brennan at the 2016 Labrador Winter Games. This year, the gold was taken by yet another - Richard Lewis of Team Cartwright.

Parsons was the first to complete the 5.2 kilometers of skiing, before quickly changing into snowshoes and was off again before Brennan and Lewis entered the transition area. They came along shortly after, ski-to-ski but it was Lewis who made it out of the tent first.

It was then that word echoed back to the start line that Hopedale's Boas Mitsuk had injured himself along the course and had to withdraw from the event. Then it was Makkovik, Postville, Port Hope Simpson and Forteau all in the tent together to change gear and head out to finish the 3.1 kilometers of snowshoeing.

Lewis was the first snowshoer back across the line followed closely by Parsons and Brennan a little bit behind the two. Unofficially, Lewis came in at 35:34, Parsons at 37:24, Brennan at 37:30 and Dean Burden of Port Hope Simpson in fourth with a time of 40:39.

Jessica Dahn of Happy Valley-Goose Bay wasn't far off the men's winning times, dominating first place in the women's Northern Duathlon with a time of 39:38. Following close behind was Rhonda Lawrence of Wabush with a time of 42:23. And just three minutes later, Alyson Thomas of L'Anse au Clair took bronze with a time of 45:21.



Rhonda Lawrence (left) of Team Wabush and Jessica Dahn (right) of HVGB pose for a picture after taking first and second place in the women's northern duathlon. (Photo by Janice Goudie)

Dean Burden lends a helping hand to the youngest participant of the northern duathlon, 13-year-old Shane Wolfrey of Rigolet. (Photo by Janice Goudie)





Northern Duathlon Female

| Placement | Community | Participant |
|-----------|------------------------|-------------------|
| 1 | Happy Valley-Goose Bay | Jessica Dahn |
| 2 | Wabush | Rhonda Lawrence |
| 3 | L'Anse au Clair | Alyson Thomas |
| 4 | Labrador City | Amanda Daniels |
| 5 | Port Hope Simpson | Kendra Burden |
| 6 | Postville | Gillian Gear |
| 7 | Cartwright | Donalda Pardy |
| 8 | North West River | Mary Lou Harris |
| 9 | Rigolet | Kristy Sheppard |
| 10 | Pinsent's Arm | Holly Greenleaves |
| 11 | Makkovik | Holly Andersen |
| 12 | Forteau | Cynthia Hancock |
| 13 | Mud Lake | Kendall Heard |
| 14 | Hopedale | Rosie Boas |
| 15 | Nain | Sydney Dicker |



Northern Duathlon Male

| Placement | Community | Participant |
|-----------|------------------------|-------------------|
| 1 | Cartwright | Rich Lewis |
| 2 | Labrador City | Alfred Parsons |
| 3 | Happy Valley-Goose Bay | Cyril Brennan |
| 4 | Port Hope Simpson | Dean Burden |
| 5 | Makkovik | Jake Andersen |
| 6 | Postville | Tyler Edmunds |
| 7 | Forteau | Bradley Hancock |
| 8 | Charlottetown | Evan Powell |
| 9 | Pinsent's Arm | Garrison Campbell |
| 10 | L'Anse au Clair | Jamie Cutler |
| 11 | Nain | Devin Dyson |
| 12 | Wabush | Liam Vosman |
| 13 | North West River | Anautak Philips |
| 14 | Mud Lake | Mark Gorman |
| 15 | Rigolet | Shane Wolfrey |
| 16 | Sheshatshiu | Nuke Nuna |
| 17 | Hopedale | Boas Mitsuk |



Northern Duathlon Community Points

| Placement | Community | Male Points | Female Points | Total Points | Event Points | Bonus Points | Community Points |
|-----------|------------------------|-------------|---------------|--------------|--------------|--------------|------------------|
| 1 | Happy Valley-Goose Bay | 21 | 30 | 51 | 20 | 10 | 30 |
| 2 | Cartwright | 30 | 14 | 44 | 19 | 6 | 25 |
| 3 | Labrador City | 25 | 17 | 42 | 18 | 3 | 21 |
| 4 | Wabush | 9 | 25 | 34 | 17 | | 17 |
| 5 | Port Hope Simpson | 17 | 16 | 33 | 16 | | 16 |
| 6 | L'Anse au Clair | 11 | 21 | 32 | 15 | | 15 |
| 7 | Postville | 15 | 15 | 30 | 14 | | 14 |
| 8 | Makkovik | 16 | 10 | 26 | 13 | | 13 |
| 9 | Forteau | 14 | 9 | 23 | 12 | | 12 |
| 9 | Pinsent's Arm | 12 | 11 | 23 | 12 | | 12 |
| 11 | North West River | 8 | 13 | 21 | 10 | | 10 |
| 12 | Rigolet | 6 | 12 | 18 | 9 | | 9 |
| 13 | Nain | 10 | 6 | 16 | 8 | | 8 |
| 14 | Mud Lake | 7 | 8 | 15 | 7 | | 7 |
| 15 | Charlottetown | 13 | | 13 | 6 | | 6 |
| 16 | Hopedale | 4 | 7 | 11 | 5 | | 5 |
| 17 | Sheshatshiu | 5 | | 5 | 4 | | 4 |

Doggone happy!

Dwayne Russell claims LWG dog race trophy!

By Alyson Samson
The Northern Star

It was a blustery day at Terrington Basin yesterday, prompting an early start to the dog team race.

With high winds, blowing snow, and low visibility, four teams left the dock shortly before 9 a.m., to race to Woody Island and back, a distance of approximately 15 miles.

This was the first year for the exhibition races, allowing more than one team per community to enter.

It was also a family affair as two brothers - Junior and Carl Rumbolt from Mud Lake - competed against each other.

About a dozen spectators stuck it out on the ice waiting for the sleds to return.

The first team to make it back was Dwayne Russell from Charlotte-town at about 10:30 a.m.

Carl Rumbolt from Mud Lake followed in second, and Bill Russell from Port Hope Simpson came in third. Junior Rumbolt from Mud Lake experienced trouble with his dogs on the run and had a late return.

The crowd was cheering and hoisted each musher in the air upon their return, and - of course - the dogs received lots of love from the crowd!



Dwayne Russell of Charlottetown claimed the Henry John Williams Memorial Dog Team Race trophy at Terrington Basin Saturday morning (Photo by Effie Roberts)

The dogs also received their medals on the podium yesterday! (Photo by Effie Roberts)





The Special Olympics team were a fan favourite all week long! (Photos by Bonnie Learning)



Heather "The Cop" McLean (Don't worry; I won't tell anyone I had to help you pull off your boots!) HA HA! Love, your sis.....xoxxo



Dog Team Race

| Placement | Community | Participant |
|-----------|-------------------|-----------------|
| 1 | Charlottetown | Dwayne Russell |
| 2 | Mud Lake | Carl Rumbolt |
| 3 | Port Hope Simpson | William Russell |
| 4 | Mud Lake | Junior Rumbolt |

Twitter: @LabWinterGames

CORRECTIONS!

In Wednesday's issue of The Northern Star, Sam Morris was incorrectly identified as being an athlete for the Cartwright team in the target shooting article; he is, in fact, on the Goose Bay team.

In Saturday's issue of The Northern Star, I incorrectly identified Jayden Davis of Forteau identified as the bronze medal winner in the Lab Run story. The actual winner was Devon Ryan of Lab City (which, oddly enough, I did have correctly identified with his pic) in the same article. Just to be clear, it's never a good idea to proofread your articles at 1 a.m.!

Apologies to Sam, Jayden and Devon for the mix-ups! My bad!

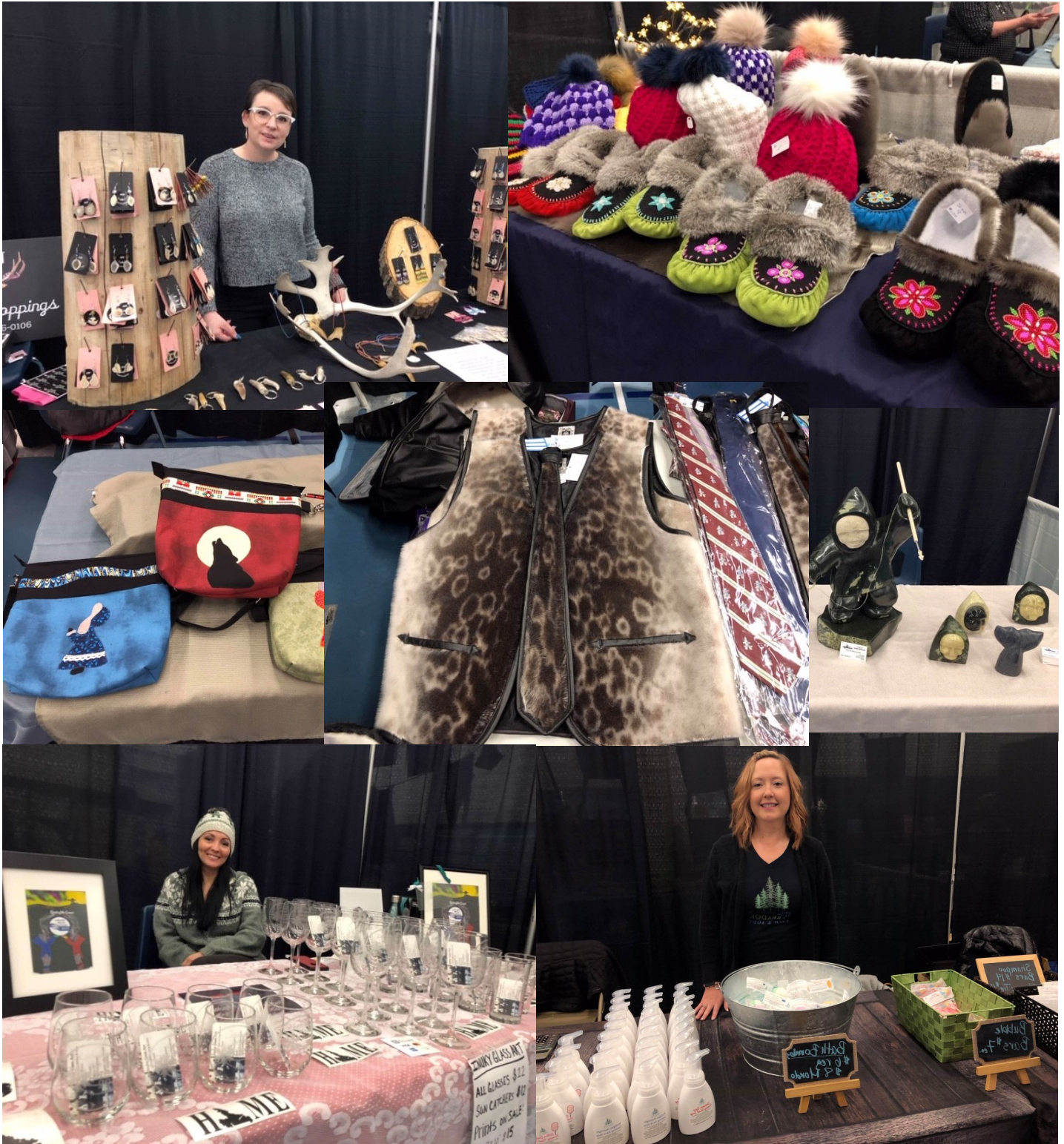
~ Bonnie Learning, Newspaper Chair



The Goose was feeling self-conscious because he forgot his blue coat....

LWG Craft Fair

The Newfoundland and Labrador Craft Council - in partnership with the Labrador North Chamber of Commerce and the Labrador Winter Games - hosted a craft fair at the College of the North Atlantic on Saturday. Twenty vendors from across the province brought an array of products from traditional carvings to Bonavista Salt, to handmade slippers, soaps, and jewelry. This event is a first of its kind for the Games - shining a light on culture and the significance of traditional crafts - along with other products made locally in Labrador and Newfoundland.



Moving on

Motty to bid farewell to the LWG this year

By Bonnie Learning
The Northern Star

It's been 37 years and 13 Lab Winter Games, but this year, Paul Motty will be bidding a fond farewell to the Big Land and the LWG.

Paul - the 2019 Games Director - first moved to Goose Bay in 1982 for a one-year teaching replacement position with the (then) Catholic School Board...and just never left!

He first became involved with the LWG in 1986, as the table tennis coordinator, and moved around in various positions over the Games, including Equipment Tech Chair for the Mandatory Sports, as well as Games Assistant Director and Director – the latter being the role he filled for these 2019 Games.

"I thought the first games were a lot of fun and I got to meet a lot of people from the local area as well as other parts of Labrador," Paul recalled. "The director at that time was Trevor Paine and the assistant director was Barb Crawford. They had a way of instilling a passion for the games and I got hooked."

Paul said the most enjoyable part of being Games Director is simply meeting and talking to people.

"I also like to be involved the planning of events and to see them evolve from the planning to reality," he adds.

His favourite Games was in 1997.

"I think the '97 Games were really good because we had also done the Games in 1995 and even though it was two years later, we really had about 16 months between finish of '95 and start of planning for '97. Same old faces back again - it was like a family reunion!"

Paul says he's seen a lot of changes over the years in the Games, like the dropping of certain sports, such as speed skating, weight lifting and downhill skiing, and the adding of others like cross country skiing and the northern games.

The biggest change, he says, is the caliber of athleticism in the athletes.



2019 LWG Games Director Paul Motty will be leaving Labrador –and the LWG – behind come June, when he retires to PEI. Paul moved to HVGB in 1982 has been a part of the games since 1986. (Photo by Bonnie Learning)

See "I will miss" on next page

'I will miss the people'

Con't from previous page

"We are continually breaking records which leads me to believe that the athletes are training harder and longer in preparation for the 'Olympics of the North'," he said.

Having said that, Paul concedes the numbers of athletes and communities that are participating each Games are becoming harder and harder to maintain.

"With shrinking numbers and aging populations in some communities, it is becoming harder for communities to generate interest in participating in the Games," said Paul.

Paul believes a solution to this issue would be to hold a Games every two years as opposed to three, as he feels it would help maintain interest within the communities and athletes would become more engaged.

"As well the organizing committees would be easier to keep together," he notes. "Certain equipment should be made available to the communities, e.g. over the rope and clinics could be arranged to help athletes train for events that are specific to the LWG."

He says the Games will continue and get better but the communities and athletes have to make it happen.

"Increasing numbers is very important. Changes may need to happen but they will be for the benefit of Games continued success."

After Paul's position wraps up on June 30th, he and his wife, Jan, will be pulling up stakes and moving to PEI, where they have roots in "Cottage Country" for 20 years or so. But he will always hold a special place in his heart for Labrador – and the LWG!

"The thing that I will miss the most is the people," he said. "The athletes and the smile on their faces when they enter the arena for the ceremonies...the organizing committees (not the meetings!) who give endless hours to help put on the Games and the satisfaction of knowing you were involved with something that is special to so many people."

The LWG won't be the same without you, Paul! All the best in the next chapter in your life!



Paul and Snoff—the LWG mascot—have a chat at Games HQ.

Labrador Winter Games 2019

Results



| Communities | | Mandatory Events | | | | | | | Sub Total | Optional Events | | | | | | | Sub Total | Grand Total |
|-------------|------------------------|------------------|-----------------|--------------------|-------------------|-----------------|-------------------|-------------------|-----------|-----------------|------------------|--------------------|-------------------|-----------------|-----------------|-----|-----------|-------------|
| | | Snowshoe Race | Target Shooting | X-Country Skiing | Snowshoe Biatlon | Northern Games | Labrathon | Northern Duathlon | | Volleyball | Badminton | Ball Hockey | Table Tennis | Road Race | Darts | | | |
| | | Monday March 18 | Monday March 18 | Wednesday March 20 | Thursday March 21 | Friday March 22 | Saturday March 23 | Saturday March 23 | | Monday March 18 | Tuesday March 19 | Wednesday March 20 | Thursday March 21 | Friday March 22 | Friday March 22 | | | |
| 1 | Happy Valley-Goose Bay | 17 | 30 | 30 | 30 | 21 | 14 | 30 | 172 | 17 | 25 | 30 | 25 | 30 | 97 | 269 | | |
| 2 | Labrador City | 30 | 30 | 25 | 16 | 30 | 21 | 21 | 173 | | 15 | 30 | 21 | 21 | 87 | 260 | | |
| 3 | Cartwright | 25 | 21 | 14 | 17 | 30 | 30 | 25 | 162 | 13 | | 16 | 21 | 25 | 30 | 246 | | |
| 4 | Makkovik | 14 | 13 | 15 | 10 | 11 | 11 | 13 | 87 | 30 | 30 | 21 | 15 | | 96 | 183 | | |
| 5 | Wabush | 16 | 16 | 16 | 25 | 12 | 12 | 17 | 114 | | | 13 | 15 | | 35 | 169 | | |
| 6 | Port Hope Simpson | 21 | 2 | 17 | 25 | 14 | 17 | 16 | 112 | | | 6 | 14 | 17 | 15 | 164 | | |
| 7 | Rigolet | 6 | 17 | 7 | 13 | 5 | 30 | 9 | 87 | 15 | 16 | 17 | | 13 | 61 | 148 | | |
| 8 | Nain | 9 | 8 | 9 | 7 | 16 | 6 | 8 | 63 | 25 | | 12 | 30 | 15 | | 145 | | |
| 9 | Postville | 11 | 13 | 13 | 14 | 6 | 7 | 14 | 78 | | 17 | 14 | 13 | 17 | 61 | 139 | | |
| 10 | Charlottetown | 16 | 13 | 6 | 15 | 21 | 11 | 6 | 88 | | 11 | 12 | 8 | 16 | 47 | 135 | | |
| 11 | Hopedale | 7 | 8 | 11 | 8 | 7 | 15 | 5 | 61 | 21 | 15 | 17 | | 16 | 69 | 130 | | |
| 12 | Pinsent's Arm | 13 | 9 | | 9 | 15 | 16 | 12 | 74 | | | 10 | 9 | 10 | 25 | 128 | | |
| 13 | L'Anse au Clair | 12 | 14 | 21 | 12 | 3 | 9 | 15 | 86 | | | 8 | 5 | 12 | 11 | 122 | | |
| 14 | Forteau | 8 | 5 | 12 | 11 | 13 | 13 | 12 | 74 | | | 9 | 6 | 11 | 14 | 114 | | |
| 15 | North West River | 5 | 16 | 10 | 6 | 10 | 8 | 10 | 65 | 12 | 21 | | 11 | | 44 | 109 | | |
| 16 | Sheshatshiu | 1 | 0 | 8 | 4 | 10 | 3 | 4 | 30 | 14 | 12 | 25 | 16 | | 67 | 97 | | |
| 17 | Natuashish | 3 | 10 | 4 | 5 | 2 | 5 | | 29 | 16 | 7 | 16 | 12 | | 51 | 80 | | |
| 18 | L'Anse au Loup | 3 | 5 | | | 8 | | | 16 | 11 | 10 | | 7 | 12 | 40 | 56 | | |
| 19 | West St. Modeste | 4 | 8 | 5 | | 1 | | | 18 | | 5 | 10 | | 21 | 36 | 54 | | |
| 20 | Mud Lake | 10 | 3 | | | 5 | 4 | 7 | 29 | | | | | 10 | 39 | | | |



Labrathon Community Points

| Placement | Community | Male Points | Female Points | Total Points | Event Points | Bonus Points | Community Points |
|-----------|------------------------|-------------|---------------|--------------|--------------|--------------|------------------|
| 1 | Rigolet | 30 | 21 | 51 | 20 | 10 | 30 |
| 1 | Cartwright | 21 | 30 | 51 | 20 | 10 | 30 |
| 3 | Labrador City | 25 | 25 | 50 | 18 | 3 | 21 |
| 4 | Port Hope Simpson | 15 | 17 | 32 | 17 | | 17 |
| 5 | Pinsent's Arm | 14 | 16 | 30 | 16 | | 16 |
| 6 | Hopedale | 13 | 14 | 27 | 15 | | 15 |
| 7 | Happy Valley-Goose Bay | 11 | 15 | 26 | 14 | | 14 |
| 8 | Forteau | 12 | 11 | 23 | 13 | | 13 |
| 9 | Wabush | 9 | 13 | 22 | 12 | | 12 |
| 10 | Charlottetown | 10 | 10 | 20 | 11 | | 11 |
| 10 | Makkovik | 8 | 12 | 20 | 11 | | 11 |
| 12 | L'Anse au Clair | 17 | | 17 | 9 | | 9 |
| 13 | North West River | 16 | 0 | 16 | 8 | | 8 |
| 14 | Postville | 6 | 8 | 14 | 7 | | 7 |
| 15 | Nain | 7 | 6 | 13 | 6 | | 6 |
| 16 | Natuashish | 0 | 9 | 9 | 5 | | 5 |
| 17 | Mud Lake | | 7 | 7 | 4 | | 4 |
| 18 | Sheshatshiu | 0 | 0 | 0 | 3 | | 3 |

A HUUUUUUUGE THANK YOU to ALL the volunteers of the 2019 LWG!! want to sent a special shout out to my newspaper crew, who helped fill the pages of The Northern Star for the last 7 days I don't have enough space left to name you all, but you know who are! LOL! Also, props to the awesome Games photographers & others who helped me out with scattered pics! Special thanks as well to Barry Keough—my late-night partner in crime with Results—and Jimmy Kelland at Lab Printers for these awesome glossy newspapers and who can also relate to the late nights during Games week! You are troopers!

(Marlene Wheeler: we will chat later—ba ha ha ha!)