

EVENT: SNOWSHOE BIATHLON

TEAM COMPOSITION: 1 MALE & 1 FEMALE
(Minimum 16 years of age with valid PAL/FAC)

CLASSIFICATION: MANDATORY

1. Competition Format:

In order to participate in the Target Shooting event, each competitor must have a valid Possession and Acquisition Licence (PAL)/Firearms Acquisition Certificate (FAC), and have their license with them to register their firearm during the Games.

- A. The biathlon is a combined event which involves snowshoe racing and precision shooting.
- B. The course will consist of a 6.5km trail to be snowshoed over in one lap and shall include two shooting stages interspersed between.
- C. The shooting range is 25 yards with a .22 caliber rifle.
- D. A one minute penalty will be given for each missed shot.
- E. Scoring is strictly by time and the least amount of time to complete the course wins, and second, third, etc. are decided in a similar manner.
- F. The men's division starts the event followed by the women's division. Starting order will be determined by drawing lots on draw night and competitors will go in staggered starts at 60 seconds apart.
- G. A competitor will present his/herself at the starting point at the time designated.
- H. Should the competitor be late his/her time will be started after the last scheduled departure. This grace period is 15 minutes and if the competitor arrives to the starting area after this time then he/she will receive a NO SHOW designation.
- I. Only .22 caliber long rifles as per Appendix may be used.
- J. Rifles will be carried on the course by the competitor and may have as many slings as he/she desires and of any type. On the course, there must be no round in the rifle.
- K. The shooting position is the athlete's choice, but any support is **forbidden**.
- L. The competitor must fire five rounds at the target from each designated firing point. Ammunition will be supplied at each firing point and **no ammunition will be allowed to be carried by the competitor on the course.**
- M. In the event of a misfire or dud, the competitor is to raise his/her hand leaving the rifle pointed down range with the action closed for at least 30 seconds. The Range Officer will provide a new round and retain the dud cartridge. If the dud is proven, then a 30 second reduction in that athletes overall time shall be granted. Should the round fire in the range rifle then it shall be deemed no dud and a 30 second reduction shall not be granted. A 30 second penalty shall then be imposed on that competitors overall time.

The competitor must unload his/her rifle before he/she leaves the firing point.

- N. Any shots fired outside the 11 cm diameter will be considered a miss.
- O. Snowshoes will be of Labrador wood-frame construction. See Appendix for snowshoe specifications.
- P. The toe of the boot may be placed in a toe cap to make the binding more secure. Any type of binding may be used as long as the heel is not tied down.

2. Tie Breaker:

In the case of a tie athletes will receive equal points. If two athletes finishing with the exact same time in tenth place, two tenth places will be awarded followed by twelfth place and there will be no eleventh place.

3. Community Ranking:

All competitors will be placed according to the time elapsed in completing the course and points will be awarded as per the Labrador Winter Games point system.

APPENDIX I

The following snowshoe specifications must be met for the sports mentioned above:

MINIMUM SNOWSHOE SIZES:

Male Division:	22" Length 14" Width
Female Division:	18" Length 12" Width

Measurement is to be taken from outside edge to the outside edge.

Snowshoes must be of Labrador Wood Construction with wood toe and heel beams.

NOTE:

Please use accompanying template to verify minimum allowable size of snowshoes.

Snowshoes will be measured at Registration Headquarters upon the athletes arrival in Happy Valley-Goose Bay.

Snowshoes meeting required standard will be stamped **L.W.G. 2016 approved** and only those snowshoes bearing this stamp will be permitted during Games Week.

APPENDIX II

These rules and regulations will govern competition in sports using firearms:

1. Competitors must be at least 16 years of age on the day of the competition and have valid Possession and Acquisition Licence (PAL)/Firearms Acquisition Certificate (FAC). Certification must be presented when registering a firearm. Any competitors without this certification will not be allowed to participate in the firearm event.
2. Athletes will supply their own rifles and each individual competitor will register their own rifle. Athletes will NOT be permitted to share rifles.
3. Any rim firing .22 caliber long range rifle under 7 lbs 4 ozs (3.3kg) may be used, but target and fully automatic rifles are not permitted.
4. Athletes participating in the Labrathon and Snowshoe Biathlon must load one shell at a time and **athletes participating in Target Shooting should see firing orders.**
5. Rifle must be equipped with an open v-type rear sight and a single solid front post.
6. Rifles will be weighed as they are to be used on the firing line; that meaning breach empty and sling in place if one is to be used.
7. No support devices are permitted whatsoever.
8. The ammunition will be supplied by the Labrador Winter Games. Labrador Winter Games will provide the type of ammunition upon release of coordinator packages.
9. All shooting events will use a distance of 25 yards.

