EVENT: <u>VOLLEYBALL</u>

TEAM COMPOSITION: 5 MALE & 5 FEMALE

CLASSIFICATION: OPTIONAL

1. Competition Format:

A. Each team will consist of three males and three females on the court at any one time and will have a male-female rotation.

- B. Rally Point system means that the team winning a rally earns a point and the right to serve. This system will be in effect for each set of matches.
- C. The 12 substitutions rule will be in effect for the Labrador Winter Games play as follows:
 - 1. A team shall be allowed a maximum of 6 male and 6 female substitutions in any one game.
 - 2. A player may leave the game and re-enter the game for the same player.
 - 3. There is no limit to the number of times a player may leave or re-enter the games as long as the maximum number of 12 substitutions is adhered to and as long as they are leaving or re-entering for the same player.
 - 4. Once you have a designated substitution partner that person is the only player you may replace or be replaced by, but this can change between games.
 - 5. The position of "libero" is not in effect for the Labrador Winter Games.
- D. Teams will be divided into two divisions by means of draw, depending on the number of teams. If the number of teams registered is less than 7 or exceeds fourteen then the number of divisions will change. Each division will play a single round robin series to decide placing in their respective divisions.
- E. All matches including playoffs will consist of 1 game to 25points (rally point). A team must win by two points.
 - Depending on the number of teams in the competition, bronze medal and gold medal matches may consist of best 2 out of 3 games to 25 points (if goes to 3rd game, would be up to 15 points).
- F. The top two teams in each division will play a cross-over semi-final, This meaning 1st in division A vs. 2nd in division B and 1st in division B vs. 2nd in division A. The winner of these matches will play for Gold and Silver and the losers will play for Bronze and fourth place. As per section D above, If the number of teams registered is less than 7 or exceeds fourteen then the number of divisions will change.
- G. Final positions will be decided in the following manner: 3rd in division A vs. 3rd in division B for 5th and 6th; 4th in division A vs. 4th in division B for 7th and 8th place, and so on. All other playoff matches will be the same as round robin play.

- H. All team members should wear suitable attire, such as proper gym footwear, track pants or shorts and a numbered uniform.
- I. All team members should be present at least 15 minutes prior to the start of their match.
- J. Net height will be 2.43m.
- K. Volleyball Canada Indoor Volleyball rulebook will apply, unless otherwise amended in the LWG Technical Package.

2. Rules:

- A. A two hit or double contact is not called on the team who first plays the ball.
- B. The ball is permitted to touch the net on the serve.
- C. Contact with the ball may occur with any part of the body.
- D. For misconduct behavior a warning is no longer a sanction. The first sanction or yellow card is a penalty and the opponents score 1 point and take the right to serve.
- E. All communities must be aware of the rules, and rule books are available at the Labrador Winter Games Headquarters.

3. Tie Breaking:

- A. In the case of a tie, the winner from round robin play will advance.
- B. In the event of a three way tie, standings will be determined by use of points for and against and will come from matches played only by those 3 teams.

4. Community Ranking:

As per the Labrador Winter Games point system.