## TEAM COMPOSITION:

CLASSIFICATION:

## VOLLEYBALL

5 MALE \& 5 FEMALE

OPTIONAL

## 1. Competition Format:

A. Each team will consist of three males and three females on the court at any one time and will have a male-female rotation.
B. Rally Point system means that the team winning a rally earns a point and the right to serve. This system will be in effect for each set of matches.
C. The 12 substitutions rule will be in effect for the Labrador Winter Games play as follows:

1. A team shall be allowed a maximum of 6 male and 6 female substitutions in any one game.
2. A player may leave the game and re-enter the game for the same player.
3. There is no limit to the number of times a player may leave or re-enter the games as long as the maximum number of 12 substitutions is adhered to and as long as they are leaving or re-entering for the same player.
4. Once you have a designated substitution partner that person is the only player you may replace or be replaced by, but this can change between games.
5. The position of "libero" is not in effect for the Labrador Winter Games.
D. Teams will be divided into two divisions by means of draw, depending on the number of teams. If the number of teams registered is less than 7 or exceeds fourteen then the number of divisions will change. Each division will play a single round robin series to decide placing in their respective divisions.
E. All matches including playoffs will consist of 1 game to 25 points (rally point). A team must win by two points.

Depending on the number of teams in the competition, bronze medal and gold medal matches may consist of best 2 out of 3 games to 25 points (if goes to $3^{\text {rd }}$ game, would be up to 15 points).
F. The top two teams in each division will play a cross-over semi-final, This meaning $1^{\text {st }}$ in division A vs. $2^{\text {nd }}$ in division $B$ and $1^{\text {st }}$ in division $B$ vs. $2^{\text {nd }}$ in division $A$. The winner of these matches will play for Gold and Silver and the losers will play for Bronze and fourth place. As per section D above, If the number of teams registered is less than 7 or exceeds fourteen then the number of divisions will change.
G. Final positions will be decided in the following manner: $3^{\text {rd }}$ in division $A$ vs. $3^{\text {rd }}$ in division $B$ for $5^{\text {th }}$ and $6^{\text {th }}$; 4 th in division $A$ vs. $4^{\text {th }}$ in division $B$ for $7^{\text {th }}$ and $8^{\text {th }}$ place, and so on. All other playoff matches will be the same as round robin play.
H. All team members should wear suitable attire, such as proper gym footwear, track pants or shorts and a numbered uniform.
I. All team members should be present at least 15 minutes prior to the start of their match.
J. Net height will be 2.43 m .
K. Volleyball Canada Indoor Volleyball rulebook will apply, unless otherwise amended in the LWG Technical Package.

## 2. Rules:

A. A two hit or double contact is not called on the team who first plays the ball.
B. The ball is permitted to touch the net on the serve.
C. Contact with the ball may occur with any part of the body.
D. For misconduct behavior a warning is no longer a sanction. The first sanction or yellow card is a penalty and the opponents score 1 point and take the right to serve.
E. All communities must be aware of the rules, and rule books are available at the Labrador Winter Games Headquarters.

## 3. Tie Breaking:

A. In the case of a tie, the winner from round robin play will advance.
B. In the event of a three way tie, standings will be determined by use of points for and against and will come from matches played only by those 3 teams.

## 4. Community Ranking:

As per the Labrador Winter Games point system.

