

Power paddles!

Table tennis event excites fans in the stands

By Valerie Rachwal
The Northern Star

An enthusiastic crowd filled the Labrador Training Centre for yesterday's table tennis event, as the first official day of competition got underway. With fans of all ages cheering him on, Happy Valley-Goose Bay's Shane Byrne took the gold medal in the men's singles. This is Shane's fourth winter games, and although he felt he had a bit of a slow start, he was proud of his win. Silver went to Michael Mitsuk of Hopedale, while Postville's Andy Jacque took the bronze medal. In the women's singles event, 14-year old Skyler Hurley of Sheshatshiu didn't disappoint her excited



The mixed doubles event was an exciting affair, as teams battled out for their fans out at the Labrador Training Centre cheering them on. In the end, it was Corey Pottle and Betty Jararuse (middle) from Makkovik winning the gold; Uniam Nuna and Skyler Hurley (left) of Sheshatshiu, claiming the silver; and Labrador City's Aaron Pinksen and Michelle Manning (right) winning bronze.

Photos by Valerie Rachwal/The Northern Star

fans. The young gold medal winner wanted to share with her fellow athletes the inspiring quote "Create a good day." Michelle Manning of Labrador City took the silver, and the bronze medal went to Makkovik's Betty Jararuse. Finishing off the day was the mixed doubles finals. A very intense game ended with Corey Pottle and Betty Jararuse from Makkovik winning the gold over Uniam Nuna and Skyler Hurley of Sheshatshiu, who played very hard and claimed the silver. The Labrador City team of Aaron Pinksen and Michelle Manning rounded out the top three, with their bronze medal victory.

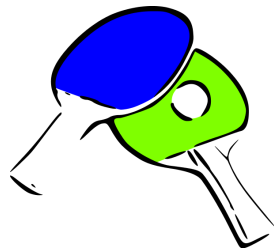
Table tennis victories!



TOP: Michael Mitsuk (left) of Hopedale played a great game against Happy Valley-Goose Bay's Shane Byrne, but in the end, it was Byrne claiming gold over Mitsuk in the men's finals.



BELOW: Sheshatshiu's Skyler Hurley and Uniam Nuna (left) played hard, but in the end, it was Makkovik's Betty Jararuse and Corey Pottle taking the gold medal in the mixed double finals.



RIGHT: Sheshatshiu's Skyler Hurley (left) was golden in the women's finals, defeating her competitor, Labrador City's Michelle Manning, for the top spot.



Heating up the track!

Snowshoe finals to get underway this morning

**By Chrissy Chiasson
The Northern Star**

The first day of competition for the Labrador Winter Games started off with a crisp Labrador day at the Mealy Mountain Collegiate Sportsplex, as snowshoers from across Labrador took to the start line for their event.

The cold never stopped the athletes from giving it all they got and this year, 43 men took part in the 1200 meter race and 42 women competed in the 800 meter race.

As the men lined up to start off the races, everyone was filled with smiles and determination and it truly showed. Experienced individuals – as well as people who have never competed before - showed times ranging from 4.4037 - 9.4987.

The time difference from first place, Devon Ryan at an astounding 4.4037 and sixth place, Kevin Garneau Begin at 5.1072 is only 0.7035 of a second. We're going to have a very close race today at the finals at MMC Sportsplex.

The top six results for the men were as follows:



It was a large Labrador day for the snowshoe athletes yesterday, as they set out to make it to the finals taking place this morning.

Photo by Chrissy Chiasson/The Northern Star

Place	Name	Community	Time
1	Devon Ryan	Labrador City	4.4037
2	Jonathon Davis	Labrador City	4.4347
3	Neko Dyson	Cartwright	4.4694
4	Richard Lewis	Cartwright	4.5641
5	Scott Flynn	Forteau	5.0794
6	Kevin Garneau Begin	Happy Valley-Goose Bay	5.1072

“Before coming into this with the cold, I didn’t realize how important it was to take pointers from people,” said Grant Gear, of

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Snowshoers set to race in finals today

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Team Postville. “If someone told me a few years ago that I’d be participating in the snow shoe races I probably would have laughed at them. But I’m really happy with how I did.”

When the afternoon rolled around, the temperature rose and the wind died down, making it the ideal setting for the women’s heats. The women pushed themselves as hard as they could to attain a position in the championship race. Like the men, the times were extremely close the times ranged from 3.0606 – 7.4225. We’re also in for an exciting race tomorrow with the women heat, with Makaila Hudson in first place with a time of 3.0606 and Kimberly Casey in sixth place with a time of 4.0200 - the difference between the two is only 0.9594 of a second!

The top six finishes for the women are as follows:

Place	Name	Community	Time
1	Makaila Hudson	Labrador City	3.0606
2	Effie Powell	Charlottetown	3.3728
3	Taylor Ryan	Labrador City	3.4137
4	Hailey Dyson	Cartwright	3.5487
5	Alyson Thomas	L’Anse au Clair	3.5729
6	Kimberly Casey	Happy Valley-Goose Bay	4.0200

“I’ve participated in snowshoeing for the Labrador Winter Games two times before, unfortunately the last Winter Games, Williams Harbour never had a team put in,” said Kimberly Russell of Williams Harbour.

“We’re currently getting resettled, so a group of residents all decided we have to do this again, because it could be our last one. I’m so excited to compete in this race; it’s a beautiful day, it’s good to see everyone from the communities and my team is here cheering me on!”

The finals for men and women gets underway at 10:30 this morning at MMX Sportsplex – get out and cheer on your hometown favourites!

Bits and Bites

Reminder!!

Hot food and drinks will be on sale in the beautiful log cabin ski chalet during the ski races, the Snowshoe Biathlon and the Northern Duathlon.

Bring money and your appetite for some awesome grub!

Thank you!!

Thanks to fellow Ground Transport Driver Howard Bishop for towing out Van 1 at Birch Brook on Sunday as I was stuck on a hill. Some people tried to push me out but could not get me out. He came down on his time off before he had to drive later that day.

-Gerald Asivak

Meet some athletes from...L'anse au Clair!



Name: Hannah Etheridge

Sport(s): Snowshoe, ball hockey

This is Hannah's first time at the LWG.

Thoughts on the Games so far: "It's awesome! We didn't have a team last (games), so we really wanted a team this time, and we have a full team."



Name: Alyson Thomas

Sport(s): Duathlon, skiing and snowshoeing

This is Alyson's first time at the LWG.

Thoughts on the Games so far: "I wanted to get out to the Games. We're a small community, we came together for the experience."



Name: Gaye Jones

Sport(s): Snowmobile race and ball hockey

This is Gaye's second time at the LWG.

Thoughts on the Games so far: "This is the first opportunity I've had to come back to the Games in many years. It's a fantastic experience."



Name: Cozette Colbourne

Sport(s): Darts

This is Cozette's second time at the LWG.

Thoughts on the Games so far: "I love it, I loves supporting anything when it comes to our community, the province, or the country for that matter!"



Name: Lorena Clarke

Sport(s): Darts

This is Lorena's ninth first time at the LWG.

Thoughts on the Games so far: "This is the thing to do, ya gotta be here, ya can't miss it!"



Name: Sandra Thomas

Sport(s): Biathlon, target shooting, and ball hockey

This is Sandra's third time at the LWG.

Thoughts on the Games so far: "My two sons are (competing) here with me, it's their last year of high school, so we wanted to do this as a family. I think I'll retire after these Games!"

Sharpshooters

First round of target shooting hits the mark

By Bonnie Learning
The Northern Star

It was a perfect day at the shooting range on North West River Road yesterday, as the first day of target shooting took place, with the men and women both competing in the 'prone' position.

"Conditions were pretty much perfect," said athlete Joseph Townley, of team North West River. "The sun is out, there's no clouds in the sky and very light winds."

"Standing you'll see a lot of difference in scores from the prone position," he said.

David Johnson of Mary's Harbour was impressed with the organization of the event. This is his first time at the LWG.

"The organizers are very strict with how things are done," he said. "It's not an easy event."

This Games target shooting is taking place at a brand new facility this year, which is owned and operated by the Labrador Hunting and Fishing Association.

LHAFA vice-president Hollis Yetman, said the organization is excited to be hosting the 2016 LWG target shooting event.

"This partnership started a few years ago, and we are excited and proud of the opportunity to host this event," he said.

"We wish the LWG committee and all the athletes every success during these games."

The second round of target shooting gets underway at the Labrador Hunting and Fishing Shooting Range at 8:30 this morning, with both men and women competing in the kneeling and standing positions, with medals scheduled for 4 p.m. at the range.



Happy Valley-Goose Bay's Ann Morris (left) and Cartwright's Audrey Pardy, take their sharpshooting prowess to the range during the target shooting competition yesterday. The event men's and women's event continues today with the kneeling and standing positions.

Photos by Bonnie Learning/The Northern Star

North West River's Joseph Townley takes a time out at the range to spend some time with one of his biggest fans—his son, Tanner.





Table Tennis
Community Points

Placement	Community	Male Points	Female Points	Doubles Points	Total Points	Event Points	Bonus Points	Community Points
1	Sheshatshiu	19	33	28	80	23	10	33
2	Makkovik	20	24	33	77	22	6	28
3	Labrador City	15	28	24	67	21	3	24
4	Hopedale	28	19	19	66	20		20
5	Happy Valley-Goose Bay	33	15	13	61	19		19
6	Postville	24	17	15	56	18		18
7	Nain	17	20	17	54	17		17
8	Natuashish	13	18	20	51	16		16
9	Cartwright	18	9	18	45	15		15
10	Wabush	16	16	11	43	14		14
11	L'Anse au Loup	11	14	14	39	13		13
12	West St. Modeste	10	13	16	39	13		13
13	Mary's Harbour	14	11	12	37	11		11
14	Charlottetown	9	12	10	31	10		10
15	Port Hope Simpson	12	8	9	29	9		9
16	Forteau	8	10	8	26	8		8



Table Tennis
Female

Placement	Community	Participant
1	Sheshatshiu	Skyler Hurley
2	Labrador City	Michelle Manning
3	Makkovik	Betty Jararuse
4	Nain	Amber Saksagiak
5	Hopedale	Darlene Winters
6	Natuashish	Diane Rich
7	Postville	Jocelyn Jacque
8	Wabush	Sarah Flight
9	Happy Valley-Goose Bay	Amber Vincent
10	L'Anse au Loup	Amy Cabot
11	West St. Modeste	Julia Rumbolt
12	Charlottetown	Courtney Campbell
13	Mary's Harbour	Hillary Roberts
14	Forteau	Hayley Flynn
15	Cartwright	Kyla Brown-Dyson
16	Port Hope Simpson	Stacy Clarke



Table Tennis
Mixed Doubles

Placement	Community	Participants
1	Makkovik	Cory Pottle / Betty Jararuse
2	Sheshatshiu	Uniam Jared Nuna / Skyler Hurley
3	Labrador City	Aaron Pinksen / Michelle Manning
4	Natuashish	Mathias Rich / Diane Rich
5	Hopedale	Michael Mitsuk / Darlene Winters
6	Cartwright	Terry Heard / Kyla Brown-Dyson
7	Nain	Hunter Fox / Amber Saksagiak
8	West St. Modeste	Dillian Rumbolt / Julia Rumbolt
9	Postville	Andy Jacque / Jocelyn Jacque
10	L'Anse au Loup	Alex Hillyard Cabot / Amy Cabot
11	Happy Valley-Goose Bay	Shane Byrne / Amber Vincent
12	Mary's Harbour	Ronnie Spearing / Hillary Roberts
13	Wabush	Ryan Barron / Sarah Flight
14	Charlottetown	John Luke Penney / Courtney Campbell
15	Port Hope Simpson	Bernie Kippenhuck / Stacy Clarke
16	Forteau	William Hancock / Hayley Flynn



Table Tennis
Male

Placement	Community	Participant
1	Happy Valley-Goose Bay	Shane Byrne
2	Hopedale	Michael Mitsuk
3	Postville	Andy Jacque
4	Makkovik	Cory Pottle
5	Sheshatshiu	Uniam Jared Nuna
6	Cartwright	Terry Heard
7	Nain	Hunter Fox
8	Wabush	Ryan Barron
9	Labrador City	Aaron Pinksen
10	Mary's Harbour	Ronnie Spearing
11	Natuashish	Mathias Rich
12	Port Hope Simpson	Bernie Kippenhuck
13	L'Anse au Loup	Alex Hillyard Cabot
14	West St. Modeste	Dillian Rumbolt
15	Charlottetown	John Luke Penney
16	Forteau	William Hancock

Official 2016 Labrador Winter Games Schedule																	
Monday, March 14			Tuesday, March 15			Wednesday, March 16			Thursday, March 17			Friday, March 18			Saturday, March 19		
Time	Event	Place	Time	Event	Place	Time	Event	Place	Time	Event	Place	Time	Event	Place	Time	Event	Place
8:30am	Table Tennis	LTC	8:30am	Target Shooting	R&GC	8:30am	Arena Ball Hockey	EJB	9:00am	Volleyball	MMC	8:00am	Darts	RCL	9:00am	Dog Team Race	TB
8:30am	Target Shooting	R&GC	8:30am	Snowmobile Race	RT	8:30am	Badminton	LTC	9:00am	X-Country Ski: 10K Relay	BB	9:00am	Labrathon	TB	10:00am	Labrathon	TB
8:30am	Snowshoe Race: Men's 1200m & Women's 800m	MSP	10:30am	Snowshoe Race: Men's & Women's Finals, Special Olympics, & Relay	MSP	9:00am	X-Country Ski: Men's 10K & Women's 10K	BB	11:30am	Medal Presentation: X-Country Skiing	BB	4:00pm	Medal Presentation: Darts	RCL	11:00am	Medal Presentation: Labrathon	TB
4:00pm	Medal Presentation: Table Tennis	LTC	12:00pm	Medal Presentation: Snowmobile Race	RT	7:30pm	Medal Presentation: Arena Ball Hockey	EJB	1:00pm	Snowshoe Biathlon	BB	6:00pm	Northern Games (Night 2)	EJB	12:00pm	Northern Duathlon	BB
7:30pm	Athletes and Special Guests Movie Night	AT	1:30pm	Medal Presentation: Snowshoe Race	MSP	8:30pm	Medal Presentation: Badminton	LTC	3:00pm	Medal Presentation: Volleyball	MMC	10:30pm	Medal Presentation: Northern Games	EJB	12:30pm	Medal Presentation: Dog Team Race	TB
			4:00pm	Medal Presentation: Target Shooting	R&GC				2:00pm	Medal Presentation: Northern Duathlon	BB						
			7:00pm	Athletes and Special Guests Labrador Concert	OBAC				5:00pm	Athlete's Banquet	SMH						
									7:30pm	Medal Presentation: Snowshoe Biathlon	EJB				7:00pm	Closing Ceremonies	EJB

Marlene Wheeler!!

This is me....
in 2019.....

